

2020 VOLUNTEER GUIDE

ServeWyoming



Your resource guide for volunteer opportunities in Sheridan County





**WE ARE CURRENTLY
IN ALL 23 COUNTIES!**

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- Melissa Amick, Cheyenne
- John Bole, Cheyenne
- Amy Busch, Ex-Officio, Cheyenne
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- Allison Maluchnik,
PROGRAM MANAGER
- Rebecca Travers,
VOLUNTEER WYOMING PROGRAM ASSISTANT

FOR A COMPLETE LIST OF OUR
CURRENT PROGRAMS PLEASE VISIT
OUR WEBSITE:

SERVEWYOMING.ORG

OR CONTACT US AT:
307-234-3428 or 866-737-8304



OUR MISSION:

**IMPROVING LIVES AND STRENGTHENING WYOMING
COMMUNITIES THROUGH VOLUNTEERISM.**

ServeWyoming is Governor Mark Gordon’s Commission on National and Community Service, promoting efforts among private, nonprofit, and governmental organizations that advance community service, volunteer programs and activities in each Wyoming community. We also collaborate with other Corporation for National and Community Service programs such as AmeriCorps*VISTA and Senior Corps. ServeWyoming gives every citizen an opportunity to help solve our biggest challenges in education, the environment, public safety, human needs, disaster, youth, veteran, and family services.

In addition to coordinating funding for organizations throughout the state, our Commission has the role of developing, communicating, and promoting a statewide vision and ethic of service in Wyoming. To attain this, we are working on a variety of projects which include:

AMERICORPS*STATE — provide funding to recruit AmeriCorps members and training to manage and operate AmeriCorps programs across Wyoming. Projects may vary to meet community needs. The application process begins in the Fall of each year.

EMERGENCY PREPAREDNESS — serve as a neutral convener to mobilize and train volunteers in the time of an emergency or disaster.

PROFESSIONAL VOLUNTEER NETWORK (PRO BONO) — increase nonprofit capacity through the engagement of highly skilled volunteers.

PROFESSIONAL DEVELOPMENT AND TRAINING — increase grantee capacity and statewide awareness of national service through professional development, training and technical assistance, member development and outreach.

VOLUNTEER GENERATION FUND — connect community college students in service learning with nonprofit projects.

VOLUNTEER WYOMING — increase the number and effectiveness of volunteers, provide strategies for recruiting, training, placing or matching, and volunteer recognition.

**Our statewide Volunteer Center —
volunteerwyoming.org features a variety of opportunities
across all 23 counties.**

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CHECK OUT OUR 2019-2020 AMERICORPS PROGRAMS

PROGRAMS	MEMBERS	PROGRAM IMPACT
UNIVERSITY OF WYOMING — WYOMING CONSERVATION CORPS	53	Promote leadership & provide natural resource and environmental management experiences to young adults.
TETON SCIENCE SCHOOLS	45	Provide education & science training for educators, youth & young adults & promote environmental education.
BIG BROTHERS BIG SISTERS OF NORTHWEST WYOMING	20	Provide after school education & enrichment activities, mentoring & homework assistance to local youth.
ACTION RESOURCES INTERNATIONAL	25	Combating poverty through community strengthening projects.
WYOMING FOOD BANK OF THE ROCKIES	5	Making food security a reality for every Wyoming family.

VOLUNTEER GENERATION FUND PROGRAMS

CENTRAL WYOMING COLLEGE	20	Supporting the development & strengthening of the volunteer infrastructure through service learning.
CASPER COLLEGE	20	Supporting the development & strengthening of the volunteer infrastructure through service learning.
NORTHWEST COLLEGE	20	Supporting the development & strengthening of the volunteer infrastructure through service learning.



ServeWyoming is searching for organizations with experience administering federal grants to serve as AmeriCorps intermediaries for smaller nonprofits, those with an evidence-based program model, and/or exciting, effective programs. We accept concept papers year round!

If you are interested, please contact us at 307-234-3428 or 866-737-8304.

THE ROLE OF VOLUNTEER AND NATIONAL SERVICE:

Making a difference with service in Wyoming!

Dear Friends of ServeWyoming,

In this unprecedented time, I find myself reflecting on the role of volunteer and national service in helping our nation through tough times and what that history teaches us about how we should respond to crisis.

As Wyoming's statewide resource for volunteerism and service, we feel a responsibility to help unite our community, to use this moment to learn from one another, grow and become stronger. ServeWyoming exists to help solve our communities most challenging problems. We are designed to quickly use our resources to help with critical needs. We are Wyoming strong! I invite you to explore the COVID-19 Initiative and the many volunteer opportunities as a platform to support our community during this trying time.

Wyoming AmeriCorps members are addressing critical needs for COVID-19 now: checking in on our seniors, providing food pantry warehouse support, providing non-contact delivery of meals, contacting local nonprofits to recruit/assist with enrollment in the Volunteer Wyoming digital volunteer and donation hub (COVID-19 Initiative), wellness checks, online school/support, and web-based professional development.

AmeriCorps programs do more than move communities forward; they serve their members by creating jobs and providing pathways to opportunity as they enter the workforce. AmeriCorps places thousands of people into intensive service positions where they learn valuable skills, earn money for education, and develop a strong sense of civic responsibility.

We believe that service is one way to extend a lifeline to a new future. In this time of unknown and loss, we want AmeriCorps service to provide people who need it with a living stipend, health insurance, loan forbearance, and an education award; at the same time, they will in turn be improving the lives of others and strengthening communities. This combination – serving to receive help while helping others – can play a role in helping our state rebuild.

You might be asking yourself, how can I help now? What is virtual volunteering? Today's volunteering includes donating

your virtual time and skills to help nonprofits in need. Instead of serving in person, people can find a new place to serve in the virtual world, remotely. This is an opportunity to volunteer from anywhere via phone, computer, or tablet to support a cause you care about. This service can take countless forms including: website design/support, mentoring, data entry, email marketing or management, fundraising and outreach, social media promotion, app development, volunteer tracking, blogging, writing or editing, graphic design, photography, marketing/branding, video development, staff support, administrative virtual assistant, phone outreach, and so much more.

How can you become a virtual volunteer? If you are looking for ways you can help during the COVID-19 pandemic and beyond, start by going to www.servewyoming.org and clicking on COVID-19 Initiative. Here you can search by zip code, agency, or area of interest across our state. From there you can look at multiple different categories and opportunities. You can also call us at (866) 737-8304 and we will be happy to help you find the opportunity that is just right for you!

Please note that volunteer needs are changing rapidly, so be sure to check back often for updates. It is important to volunteers, community organizations, and ServeWyoming that we all take the necessary precautions when volunteering. We value that individuals want to volunteer in this time of need to ensure that the most vulnerable in our community continue to receive necessary services; however, personal health and safety are always of primary importance. Please consider ways to volunteer virtually, by phone, following social distancing requirements or by maintaining or giving donations.

Thank you, Wyoming!



Shelly J. McAlpin

Shelly McAlpin
Executive Director, ServeWyoming

WANT YOUR COMMUNITY BUSINESS TO BE FEATURED HERE NEXT YEAR?

REACH OVER 20,000 HOUSEHOLDS, inform readers about all the great things you are doing to pay it forward, and be part of a community project designed to increase social connectedness, career skills, sense of satisfaction, and quality of life among all residents.

FOR MORE INFORMATION ABOUT SPONSORSHIP OPPORTUNITIES! Contact ServeWyoming at....

307.234.3428 OR 866.737.8304
SHELLY@SERVEWYOMING.ORG



HOMER A. & MILDRED S. SCOTT
FOUNDATION

*Thank you for
your support.*



APPLY YOUR PROFESSIONAL SKILLS TO THE GREATER GOOD IN YOUR COMMUNITY!

Are you looking for ways to utilize your skills to make a positive impact on your community?

Through a mutual partnership with Wyoming community colleges and nonprofits, ServeWyoming is re-launching the Professional Volunteer Network (PVN, AKA PRO BONO)/Service Learning (SL) Initiative. The PVN/SL Initiative is designed to lead, mobilize and engage Wyoming volunteers and degree-seeking community college students to give their time, professional expertise, and applied learning to nonprofits in need of volunteer management and capacity building support, in the form of short-term, training-focused projects known as Service Grants.

Join this network of Wyoming professionals and student service learner teams who are committed to driving social change in their communities by donating their time and expertise to help build the capacity of local nonprofits. This is a great opportunity to develop skills, teach others, and learn more about the nonprofits in your community.



If you are interested in applying, please go to servewyoming.org and click on "Give Pro bono" or call us at **307.234.3428 / 866.737.8304**

WHAT IS VOLUNTEER WYOMING?

Volunteer Wyoming is our statewide Volunteer Center, designed to make finding your next volunteer opportunity as easy as possible!

We help connect potential volunteers with local nonprofits in 3 easy ways:

1

Our FREE online matching database, go to servewyoming.org and click "VOLUNTEER" or visit volunteerwyoming.org!

This online system allows individuals to look for and respond to volunteer needs across the state while also enabling organizations to set up agency profiles, post volunteer needs, promote community events, and even fundraising.

2

Call us! If you'd prefer to talk with an actual person, we're here to help five days a week. Just call

307-234-3428 or 866-737-8304

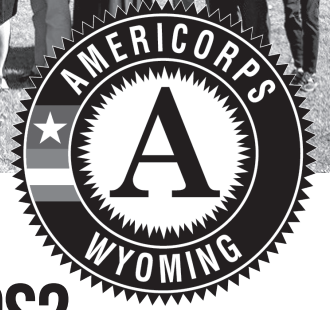
and tell us what you're interested in and we'll help connect you with the nonprofit and/or opportunity to suit your needs.

3

Check out pages 7-19 of THIS Volunteer Guide!

We produce localized versions of our online database in 5 counties: Sheridan, Natrona, Laramie, Campbell and Park. You can also view the Guides on our website (under Resources).

No matter how you prefer to search, at ServeWyoming we're here to help. So, go online, call us, or pick up a Volunteer Guide!



WHAT IS AMERICORPS?

AmeriCorps engage more than 75,000+ Americans in intensive service each year at nonprofits (both community and faith-based), schools and public agencies across the country.

Since the program's founding in 1994, over ONE MILLION AmeriCorps members have contributed more than 1.2 billion hours of service (both community and faith-based) across America while tackling pressing problems and mobilizing millions of volunteers for the organizations they serve.

Governor Gordon announced the 2019-2020 AmeriCorps award recipients on September 4, 2019 to six deserving Wyoming programs that will have 143 members serving our state who will earn close to \$332,000 in Segal Education Awards. Members will apply their skills and ideals towards helping others and meeting critical community needs. As they serve, they also develop valuable job skills and experience, as well as earn a modest education award, which will enhance their careers and pay back student loans.

AmeriCorps State is a program of the Corporation for National and Community Service which supports a wide range of community goals in Wyoming that engage citizens, along with thousands of other Americans across the country, in intensive community service each year in the areas of education, disasters, economic opportunity, environment, healthy futures, veterans and family services.

VOLUNTEERWYOMING.ORG BY THE NUMBERS!

1,350

NONPROFITS FEATURED!

4,536

VOLUNTEERS REGISTERED!

603

ACTIVE VOLUNTEER OPPORTUNITIES CURRENTLY POSTED!

AARP WYOMING

CLARENCE MONTANO

sheridangolfer53@gmail.com | 307.672.1821

1125 Airport Rd. | Sheridan, WY 82801

A society in which all people live with dignity and purpose and fulfill their goals and dreams.

ACTION TEAM MEMBER (Education, Advocacy): Be a group member who helps tackle the problems of fraud prevention, caregiving, education, and purposeful fun.

Occurrence: Call for times

Minimum Age: 18

ADVOCACY & RESOURCE CENTER

CASSIDY DREW

cassidy@arcsheridan.org | 307.672.7471

P.O. Box 581 | 136 Coffeen Ave. | Sheridan, WY 82801



The Advocacy & Resource Center exists to empower people affected by domestic violence, sexual assault and other forms of violence to realize lives of choice, safety and freedom.

CRISIS LINE VOLUNTEER (Advocacy): Provide crisis intervention, emotional support, and safety planning to victims of violent crime.

Occurrence: Flexible

Minimum Age: 18

COURT WATCH VOLUNTEER (Advocacy): Attend Sheridan County Circuit Court hearings and take notes on process, outcome, and observations.

Occurrence: Weekly

Minimum Age: 18

COVID-19 RESPONSE EFFORT

DONATIONS OF MONEY OR GIFT CARDS FOR FOOD AND GAS:

Donations of money or gift cards for food and gas are needed for clients during this time. Donations can be made online at <http://arcsheridan.org/donate/> or mail to: 136 Coffeen Ave., Sheridan, WY 82801.

ALZHEIMER'S ASSOCIATION

JANET LEWIS

jlewis@alz.org | 307.316.2892

P.O. Box 581 | 136 Coffeen Ave. | Sheridan, WY 82801

Eliminate Alzheimer's disease through advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

PUBLIC POLICY ADVOCATES (Advocacy, Civic Participation): Advocate with elected officials to create a better world for those with Alzheimer's and other dementias.

Occurrence: Monthly

Minimum Age: 16

Minimum Age w/Adult: 14

SUPPORT GROUP FACILITATOR (Counseling Information Support): Lead a support group for caregivers or those living with Alzheimer's or another dementia. Training provided.

Occurrence: Monthly

Minimum Age: 18

COMMUNITY EDUCATOR (Communications/Marketing, Customer Service, Education): Present a variety of educational programs about dementia to groups in your community. Training & materials provided.

Occurrence: Flexible

Minimum Age: 16

AMERICAN CANCER SOCIETY

MICHELLE EDWARDS

mmedwards44@gmail.com | 307.620.9075

333 S. Beech St. | Casper, WY 82601

Nationwide community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives and diminishing suffering from cancer through research, education, advocacy and service.

RELAY FOR LIFE VOLUNTEER (Board/Committee Members, Recreational Activities, Special Event Support): There are several ways to volunteer with the Relay For Life on the committee, as a team captain, or as a participant.

Occurrence: Monthly

Minimum Age: 18

Minimum Age w/Adult: 14

AMERICAN RED CROSS OF WYOMING

GEHRIG HABERSTOCK

gehrig.haberstock@redcross.org | 307.237.8436

P.O. Box 586 | Cheyenne, WY 82003

318 West B St. | Casper, WY 82601

The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.

DISASTER DISPATCH OFFICER (Disaster/Emergency Services, Special Event Support): Work remotely from your home or office to dispatch and support Red Cross volunteers on the scene of local disasters. Flexible scheduling.

Occurrence: Annually

Minimum Age: 18

DISASTER ACTION TEAM MEMBER (Disaster/Emergency Services, Special Event Support): Help families by responding to home and apartment fires. Flexible scheduling.

Occurrence: Annually

Minimum Age: 18

COMMUNITY PARTNERSHIPS LEAD (Disaster/Emergency Services, Special Event Support): Collaborate with other non-profits, community groups, faith-based, civic groups, and other community stakeholders to develop and implement strategies to prevent and alleviate human suffering in the face of emergencies. Flexible scheduling.

Occurrence: Annually

Minimum Age: 16

ANTELOPE BUTTE FOUNDATION

NIKKI ULUG

nikki@antelopebuttefoundation.org | 307.675.1110

201 E. 5th St. | Sheridan, WY 82801

Providing affordable and accessible year-round mountain recreation, training, and educational opportunities, with a focus on youth and beginners.

SNOW SPORTS INSTRUCTOR (Mentoring, Recreational Activities): Assist in teaching youth and beginners how to ski and snowboard!

Occurrence: Flexible

Minimum Age: 18

Minimum Age w/Adult: 15



(Continued to next page)

EVENT VOLUNTEER (Communications/Marketing, Special Events Support): Volunteer before or during one of Antelope Butte's many events throughout the year.

Occurrence: Flexible
Minimum Age: 18
Minimum Age w/Adult: 15

BIKE PROGRAM ASSISTANT (Mentoring, Recreational Activities): Assist in teaching bike safety and skills to youth and beginners.

Occurrence: Flexible
Minimum Age: 18

BIG HORN EQUESTRIAN CENTER

SHEILA BLACKBURN, Executive Director
 director@thebhec.org | 307.673.0454
 P.O. Box 6413 | 352 Bird Farm Rd. | Sheridan, WY 82801

We provide a multi-use recreational facility for community and fundraising events.

EVENTS ASSISTANCE (Administration/Organizational Support, Communications/Marketing, General, Special Event Support): Support needed for special events throughout the year, including but not limited to parking assistance, clubhouse needs, etc.

Occurrence: As Needed
Minimum Age: 21
Minimum Age w/Adult: 10

FACILITY MAINTENANCE (Construction/Home and Lawn Maintenance): Grounds keepers needed to help open and close our facility and help with general maintenance.

Occurrence: Weekly
Minimum Age: 16

SPECIAL PROJECTS VOLUNTEER (Civic Participation, General): Help needed on a variety of projects for the community.

Occurrence: Weekly
Minimum Age: 18

THE BRINTON MUSEUM

BARBARA MCNAB
 bmcnab@thebrintonmuseum.org | 307.763.5924
 P.O. Box 460 | Big Horn, WY 82833

To preserve, maintain and interpret the former Bradford Brinton Memorial's holdings (including the land), while collecting work which expands, augments and enhances this collection. We wish to reinforce the early Native Americans' recognition of the inherent beauty and spirituality of this area.

DOCENT (Art/Culture): Docents will be trained on the collections and are expected to give guided tours for visitors.

Occurrence: Flexible
Minimum Age: 16

ADMISSIONS ASSISTANCE (Art/Culture): Assist in greeting visitors and checking in re-admissions fees.

Occurrence: Flexible
Minimum Age: 16

GARDENING (Construction/Home and Lawn Maintenance): Assist the grounds maintenance staff in planting and caring for the Brinton garden and flowers on the grounds.

Occurrence: Flexible
Minimum Age: 14

CHAPS EQUINE ASSISTED THERAPY

KRISTEN MARCUS
 info@chapswoyo.org | 307.673.6161
 PMB 201 | 1590 Sugarland Dr., Ste. B | Sheridan, WY 82801

To provide high quality equine therapies for youth, adults and veterans with physical, mental, social and/or psychological disabilities.

RIDER SUPPORT SPECIALIST (Animal Science, Health/Personal Care, Recreational Activities): Support riders as they ride during their lessons by side-walking or leading the horse.

Occurrence: Weekly
Minimum Age: 16
Minimum Age w/Adult: 12

EQUINE CARE VOLUNTEER (Animal Science, Recreational Activities): Assist with feeding and caring of the therapy horses at CHAPS.

Occurrence: Weekly
Minimum Age: 16

EVENT VOLUNTEER (Recreational Activities, Special Event Support): Help with fundraising events - take tickets, man a booth, etc.

Occurrence: Flexible
Minimum Age: 16
Minimum Age w/Adult: 12

CITY OF SHERIDAN

STEVE GAGE
 sgage@sheridanwy.net | 307.751.8039
 P.O. Box 848 | 55 Grinnell Plaza | Sheridan, WY 82801

To preserve our parks, pathways, cemetery and open space, and improve our quality of life, by providing the highest quality service, upkeep, maintenance, and development.

ADOPT-A-PARK (Civic Participation, Construction/Home and Lawn Maintenance): Duties include maintenance, upkeep, care and development of parks, pathways, and public areas.

Occurrence: Weekly/Year round
Minimum Age: 14
Minimum Age with Adult: 10

COMPASS CENTER FOR FAMILIES

SUSAN CARR
 director@compass4families.org | 307.675.2272
 P.O. Box 6022 | 1981 Double Eagle Dr., Ste. B | Sheridan, WY 82801

Compass Center for Families strengthens child-centered, family-focused positive relationships.

COURT APPOINTED SPECIAL ADVOCATES - CASA VOLUNTEERS (Advocacy): A CASA Volunteer is that one adult who can speak up for a child who is in the court system due to an open abuse and neglect case.

Occurrence: Monthly
Minimum Age: 21

GENERAL MAINTENANCE VOLUNTEER (Administration/Organizational Support): We are looking for volunteers to help assist staff with regular light-duty sanitation and maintenance.

Occurrence: Weekly, Flexible
Minimum Age: 18

DEMENTIA FRIENDLY WYOMING

JAMIE HOEFT

jhoeft@thehubsheridan.org | 307.461.7134

211 Smith St. | Sheridan, WY 82801

Building an informed, inclusive community where people living with dementia and all of their care partners are valued and supported through community education, connection to resources and counseling, education for healthcare providers, skill set training, and social engagement.

FRIENDLY VISITOR (Civic Participation, Mentoring, Transportation/Automotive/Mechanical): Provide important socialization for people living with dementia. Decreases isolation and provide companionship for people living with dementia through weekly visits, transportation to appointments or shopping excursions, or phone conversations.

Occurrence: Weekly

Minimum Age: 18

DEMENTIA FRIENDLY CHAMPION (Civic Participation, Education, General): Train Sheridan to be dementia friendly! Attend a train the trainer session; network with community organizations and facilitate 60-minute training sessions.

Occurrence: Weekly

Minimum Age: 18

DOG AND CAT SHELTER

JILL MORIATY

dogncat@fiberpipe.net | 307.674.7694

84 E. Ridge Rd. | Sheridan, WY 82801

To provide a shelter where unwanted and abandoned dogs and cats can be humanely housed until adopted to qualified homes. The shelter also cares for lost animals until they are reclaimed by their owners.

DOG WALKERS/RUNNER, GROOMERS & LOVERS (Animal Science, Civic Participation, General): Play fetch in a large exercise pen or walk dogs on a paved circular half-mile path. Groom the dogs.

Occurrence: Weekly

Minimum Age: 18

CAT BRUSHING, CUDDLING AND SOCIALIZING (Animal Science, Civic Participation, General): Groom, socialize and nurture cats while they await new homes. Keep cats happy by playing with them and giving them laps to sit on.

Occurrence: Weekly

Minimum Age: 18

Minimum Age w/Adult: 4

FACILITIES VOLUNTEERS (Administration/Organizational Support, Construction/Home & Lawn Maintenance, Donations Management):

Volunteers needed to help with sorting and organizing donations, various improvement projects and landscaping help.

Occurrence: Weekly

Minimum Age: 18

CLINIC AND EVENTS SUPPORT (Special Event Support, Administration/Organizational Support, Animal Science): Volunteer to help with spay and neuter clinics and fundraisers throughout the year.

Occurrence: Monthly

Minimum Age: 18

DOWNTOWN SHERIDAN ASSOCIATION

ZOILA PERRY

dsaexecdir@downtownsheridan.org | 307.672.8881

P.O. Box 13 | 21 S. Main St. | Sheridan, WY 82801

To preserve, enhance and promote historic downtown Sheridan to ensure future prosperity.

EVENTS CREW (Special Event Support): Help with street closure and set up for Farmers Market and the 3rd Thursday Street Festival.

Occurrence: Monthly

Minimum Age: 15

Minimum Age w/Adult: 8

WINE FESTIVAL EVENT CREW (Special Event Support): Help with set up, tear down and service during the wine fest.

Occurrence: Annually (first Friday of March)

Minimum Age: 21

GOOSE CREEK POLO CUP (Special Event Support): Help with set up and tear down at the Flying H Polo Club.

Occurrence: Annually (last Sunday of July)

Minimum Age: 18

Minimum Age w/Adult: 15

FIRST LIGHT CHILDREN'S CENTER

STORMY BROAD

sbroad@firstlightsheridan.com | 307.673.0403

366 E. Brundage St. | Sheridan, WY 82801

Our Vision is a Community of Healthy Families.

PIANO PLAYER (Art/Culture, Education, Youth): Come share your love of music by playing piano in the center at arrival or departure times. We would love what you can give, but hope for 30-60 minutes a week.

Occurrence: Flexible. Also during the Week of the Young Child, usually the 2nd week of April.

Minimum Age: 16

Minimum Age w/Adult: 12

ARTS ENRICHMENT (Art/Culture, Education, Youth): Share your love of art, dance, creative movement, music or performance with our preschoolers.

Occurrence: Flexible. Also during the Week of the Young Child, usually the 2nd week of April.

Minimum Age: 18

Minimum Age w/Adult: 12

SCIENCE, TECHNOLOGY, ENGINEERING, MATH AND COOKING ENRICHMENT (Education, General, Youth): Share your love of sciences, math, technology, cooking, and/or engineering with our preschoolers.

Occurrence: Flexible. Also during the Week of the Young Child, usually the 2nd week of April.

Minimum Age: 18

Minimum Age w/Adult: 12

GIVING BACK



THE FOOD GROUP

KERI MCMEANS

thefoodgroupwy@gmail.com | 307.763. 0850

P.O. Box 6702 | 305 Broadway St. | Sheridan, WY 82801

Seeking to alleviate childhood hunger in Sheridan County, Wyoming by providing nourishment to children.

FOOD SORTER, PICKER UPPER, AND DELIVERER (General): Help pick up, sort, and deliver food to sites. Weekly, Bi-Weekly, Monthly & Special Events.

Occurrence: Flexible

Minimum Age: 18

Minimum Age w/Adult: Any

COVID-19 RESPONSE EFFORT

NON-PERISHABLE FOOD ITEMS (Little Free Pantries): Non-perishable food items for the Little Free Pantries. Place items directly into the pantries at these locations:

Sheridan High School Bus Loop: west side of HS, off Mydland Rd.

Goose Creek Pediatrics: Dr. Bowers' Office, 1701 W. 5th St.

Northwest Wyoming Pediatrics: 916 Jackson Ave.

Behind 1st Interstate Bank on Main St.: 38 S. Main

Summit Nazarene Church: 907 Bellevue (North of SJHS)

The Rock Church: 1100 Big Horn Ave.

Inside Sheridan County YMCA: 417 N. Jackson St.

Henry A. Coffeen Elementary School: 1053 S. Sheridan Ave.

Rooster's Marketplace: 1755 S. Sheridan Ave.

Woodland Park Elementary School: 1010 E. Woodland Park Rd.

Tongue River Community Center-Dayton: 1100 Main St.

Tongue River Community Center-Ranchester: 125 Dayton St.

DONATION ITEMS REQUEST:

Items Needed! Make an appointment to drop off the donation by emailing:

Kari at thefoodgroupwy@gmail.com

Elizabeth at thefoodgroupwy.programs@gmail.com

Item Needs List:

Low Sugar Cereal (regular size boxes)

Low Sugar Granola Bars

Pretzels

Snack Food Items (such as individual trail mix packets)

Honey (honey bear size)

Shelf Stable Microwaveable Meals (stew has been popular)

Oatmeal (individual serving size packets)

Bread Items (rolls etc., smaller packages are better such as 4 to a package)

Crackers

Men's Deodorant

MONETARY DONATIONS: Monetary donations are needed and appreciated. You can donate online at: <http://foodgroupwy.org/donate> or send checks to: P.O. Box 6702, Sheridan, WY 82801

FOSTER GRANDPARENTS OF THE WYOMING ROCKIES

TERRI MARKHAM

terri@actionresources.ngo | 307.278.9230

P.O. Box 536 | 968 N. 9th St. | Laramie, WY 82073



To foster a healthy, unified and productive community through the cultivation of mentoring relationships between wise elders and children with identified needs.

School Based Mentor (Civic Participation, Education, Youth): Qualified individuals who agree to a full background check receive a tax-free stipend and mileage reimbursement for a 15-20 h/week commitment and a chance to make a difference in the lives of local school children. Serve during the school year with earned leave time, paid sponsor and school holidays. Fringe benefits: Hugs and appreciation.

Occurrence: Weekly

Minimum Age: 55

GIRL SCOUTS OF MONTANA AND WYOMING

AVERY KERMAN

averyk@gsmw.org | 800.736.5243 x 2301

C/O Boys and Girls Club | 410 Lakeside Dr. | Gillette, WY 82716

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

GIRL SCOUT VOLUNTEER (Mentoring Youth): Come make an impact on girls in your community and watch as they make an impact on the world! Training is offered to all volunteers.

Occurrence: Flexible (year round or one time)

Minimum Age: 18

GIRL SCOUT (Youth): Girls have countless opportunities to take the lead, advocating for themselves and their communities to create the future they want to see.

Occurrence: Flexible (year round)

Minimum Age: 5

GREATER WYOMING BIG BROTHERS BIG SISTERS

SANDRA S. THIEL

sandy@wyobbbs.org | 307.461.9677

P.O. Box 150 | Sheridan, WY 82801

Provide children facing adversity with strong and enduring, professionally supported one-to-one mentoring relationships that change their lives for the better, forever.

COMMUNITY BASED BIG MENTOR (Mentoring, Youth): Volunteer mentors to spend time each week creating a positive relationship with a child and participating in community activities.

Occurrence: Weekly

Minimum Age: 16

SITE-BASED BIG MENTOR (Mentoring, Youth): Volunteer mentor to spend one hour per week at a specified location with a child, creating a positive and meaningful relationship.

Occurrence: Weekly

Minimum Age: 16

GREENHOUSE LIVING FOR SHERIDAN

ANA GALE

anagale@sheridangreenhouse.org | 307.672.0600

2311 Shirley Cove | Sheridan, WY 82801



Our goal is to enhance the quality of life for Elders in long-term care.

COMPANION TO THE ELDERLY (General): Provide companionship by spending time with an elderly client doing a variety of activities including: reading, playing games, visiting, etc.

Occurrence: Flexible

Minimum Age: 18

HABITAT FOR HUMANITY OF THE EASTERN BIGHORNS

SYDNEY MEYERS

sydney@sheridanhabitat.org | 307.672.3848

P.O. Box 6196 | 1981 Double Eagle Dr., Ste. C | Sheridan, WY 82801

To eliminate poverty housing from Sheridan County and make decent shelter a matter of conscience and action.

CONSTRUCTION VOLUNTEER (Construction/Home and Lawn Maintenance): Help with all facets of house construction. No experience or tools are necessary. Visit www.sheridanhabitat.org to sign up.

Occurrence: Flexible

Minimum Age: 18

Minimum Age w/Adult: 16

LUNCH VOLUNTEER (Food Prep/Delivery): Provide our volunteer workforce (5-30 people) with lunch for a day.

Occurrence: Flexible

Minimum Age: 14

HABITAT RESTORE (Customer Service, Donations Management): Help varied tasks at our store, including donations sorting, shelf stocking, and customer service.

Occurrence: Flexible

Minimum Age: 16

THE HUB ON SMITH

JAMIE HOEFT

volunteers@thehubsheridan.org | 307.461.7134

211 Smith St. | Sheridan, WY 82801

To celebrate, embrace, and serve older adults for the betterment of our community.

CAFÉ SUPPORT VOLUNTEER (Customer Service, Food Prep/Delivery, Health/Personal Care): Help and support Sheridan seniors by setting up, serving, and cleaning during the lunch meal.

Occurrence: Week

Minimum Age: 13

Minimum Age w/Adult: 10

GREEN BOOMERANG THRIFT STORE SUPPORT (Customer Service, Donation Management, General): Volunteers are needed to process, price, and display donated items for resale in the store.

Occurrence: Weekly

Minimum Age: 13

Minimum Age w/Adult: 12

DEMENTIA FRIENDLY WYOMING FRIENDLY VISITORS (Advocacy, General, Recreational Activities): Provide companionship and support by weekly visits to people living with dementia.

Occurrence: Flexible

Minimum Age: 21

COVID-19 RESPONSE EFFORT

DONATION REQUEST: Items Needed: Toilet paper, kleenex, handwashing soap, Ensure (high protein drinks).

Please drop off on the NORTH side of the building at:

211 Smith St., Sheridan, WY 82801

FINANCIAL DONATIONS: Financial donations to the Hub's Emergency Fund are needed and appreciated. Donations can be made online at: <https://thehubsheridan.org/give-now>

JOEY'S FLY FISHING FOUNDATION, INC.

ALEX BLOOM

foundation@joeyflyfishing.com | 307.763.0897

109 S. Main St., Ste. B | Sheridan, WY 82801

Joey's Fly Fishing Foundation has been established to reach out to youth, families, and communities on an individual basis. We teach patience, confidence, respect, and relationship-building through qualified monitored mentoring.

MENTOR (Recreational Activities, Youth): Mentoring youth through flyfishing instruction and assisting in rod building workshops. No experience needed.

Occurrence: Monthly

Minimum Age: 15

ASSISTANT (Recreational, Educational, Mentoring): Spend time with youth teaching them about water conservation projects and/or fly tying. No experience needed.

Occurrence: Flexible

Minimum Age: 15

LEGACY PREGNANCY CENTER

CRYSTAL MERRIAM

crystal@legacypregnancy.org | 307.673.4757

847 Coffeen Ave. | Sheridan, WY 82801

To embrace, encourage, and empower those facing unplanned pregnancy through educational, material, social, and spiritual resources.

CHURCH LIAISON (Administration/Organizational Support, Advocacy, Communications/Marketing, Faith Based): Serve as a link between Legacy and your church, communicating ministry events and updates.

Occurrence: Semi-annually (Jan-Mar for baby bottle fundraisers;

May and June for Walk for Life).

Minimum Age: 18

Minimum Age w/Adult: 16

EARN WHILE YOU LEARN ASSISTANT (Education, Faith Based, Mentoring): Copy and prepare client materials for pregnancy and parenting curriculum; engage clients regarding information.

Occurrence: Weekly

Minimum Age: 18

MAINTENANCE HELP (Construction/Home and Lawn Maintenance):

Various seasonal maintenance duties including cleaning gutters, inspecting furnace, flushing hot water heater, etc.

Occurrence: Semi-annually (Fall and Spring)

Minimum Age: 18

Minimum Age w/Adult: 12

(Continued to next column)

LUNCH TOGETHER SOUP KITCHEN

DOUG GOODWIN

pastordoug@sheridandisciples.org | 307.674.6795

or contact your local church to volunteer

First Congregational Church

100 W. Works St. | Sheridan, WY 82801

No one goes hungry in Sheridan County.

COOKING AND SERVING VOLUNTEER (Food Prep/Delivery): Cooking, serving and cleaning up at Lunch Together/Soup Kitchen. Parental assistance requested for child volunteers.**Occurrence: Weekly (Mon-Fri)****Minimum Age: 14****Minimum Age w/ Adult: 5****COVID-19 RESPONSE EFFORT****Donation Request:** Financial Donations are needed and appreciated. Please make checks out to "Lunch Together" and mail to: 102 S. Connor St., Sheridan, WY 8280.**MAKE A WISH WYOMING**

MICHELE LLOYD

mlloyd@wyoming.wish.org | 307.234.9474

236 W. 1st St. | Casper, WY 82601

Together, we create life-changing wishes for children with critical illnesses.

WISH GRANTER (Administration/Organizational Support, Special Event Support): Wish Granters work directly with children and their families to determine the child's one true wish.**Occurrence: Flexible****Minimum Age: 18****MUSEUM AT THE BIGHORNS**

MIKAYLA LARROW

mikayla.larrow@sheridanmuseum.org | 307.675.1150

850 Sibley Cir. | Sheridan, WY 82801

The Mission of the Museum at the Bighorns is to preserve and share our rich historical and cultural heritage of the Sheridan County Area with present and future generations in order to promote a greater understanding of the American West.

MASTER CRAFTER (Construction/Home and Lawn Maintenance, Recreational Activities): Help execute programs that inspire a love of history for some of our youngest visitors.**Occurrence: Flexible****Minimum Age: 18****Minimum Age w/Adult: 13****HISTORY DETECTIVE (Administration/Organizational Support):** Help uncover the past and manage items in the museum's collection.**Occurrence: Flexible****Minimum Age: 18****TIME TRAVELER (Administration/Organizational Support, Education, Recreational Activities, Youth):** Help transport kids through time! Join our education team for all the historical fun.**Occurrence: Flexible****Minimum Age: 18****THE NATURE CONSERVANCY**

CARLI KIERSTEAD

carli.kierstead@tnc.org | 307.673.0992

23 E. Brundage St., Ste. 1 | Sheridan, WY 82801

To conserve the lands and waters on which all life depends.

GENERAL VOLUNTEER (Environmental): Help on our preserves, assist at service events, and other projects as necessary. Contact the area office for specific info.**Occurrence: Flexible****Minimum Age: 18****PEOPLE ASSISTANCE FOOD BANK**

SANDY NICHOLSON

307.674.1509 | snpafb@gmail.com

P.O. Box 21856 | Cheyenne, WY 82003

2560 N. Main St. | Sheridan, WY 82801

We are personally accountable for helping other in our community.

CUSTODIAN (General, Youth): Facility and equipment cleaning duties that include sweeping, mopping, moving shelves, etc.**Occurrence: Weekly****Minimum Age: 13****Minimum Age w/ Adult: 10****ON-CALL HELPER (Administration/Organizational Support):** Help with unloading donations and various tasks.**Occurrence: Weekly****Minimum Age: 18****BACK ROOM ASSISTANCE (Customer Service, Food Prep/Delivery):** Help monitor food distribution.**Occurrence: Weekly****Minimum Age: 13****Minimum Age w/ Adult: 10****POWDER RIVER BASIN RESOURCE COUNCIL**

STEPHANIE AVEY

info@powderriverbasin.org | 307.672.5809

934 N. Main St. | Sheridan, WY 82801

Committed to the conservation of Wyoming and to the education and empowerment of our citizens to raise a coherent voice in the decisions that will impact their environment and lifestyle.

MAILING ASSISTANT (Administration/Organizational Support, Communications/Marketing, General): Help to prepare and mail newsletters and fundraiser materials.**Occurrence: Monthly****Minimum Age: 18****Minimum Age w/ Adult: 15****SPECIAL EVENT SUPPORT (General, Special Event Support):** Help with set up/take down for Harvest Celebration and Annual Meeting.**Occurrence: Semi-annually (Harvest Celebration - Sept., Annual Meeting - Oct.)****Minimum Age: 18****INTERNSHIP (Administration/Organizational Support, Advocacy, Communications/Marketing, Environmental, Internship):** Assist with various programs as needed.**Occurrence: Semi-annually****Minimum Age: 18**

RAISING READERS IN WYOMING

LISA TAYLOR

raisingreaderswyo@gmail.com | 307.673.1885

P.O. Box 339 | Pine Bluffs, WY 82082

We encourage parents to read to their young children by providing beautiful new books as part of the well child healthcare visits.

DELIVERY VOLUNTEER (Advocacy, Family Services, Youth): Each county in Wyoming has one or more delivery volunteers to deliver books to doctors monthly.

Occurrence: Monthly

Minimum Age: 21

Minimum Age w/Adult: 12

BOARD MEMBERS (Board Members): Actively participate in regular board meeting.

Occurrence: Monthly via teleconference and annually in person

Minimum Age: 18

RENEW

KIM LANNERS

307.672.7481 | klanners@renew-wyo.com

1969 S. Sheridan Ave. | Sheridan, WY 82801

Empowering persons with disABILITIES and their families to Live, Love, Learn, Work and Play.

SPECIAL ACTIVITIES VOLUNTEER (General, Special Event Support):

Assist with special activities for our participants.

Occurrence: Weekly

Minimum Age: 18

Minimum Age w/ Adult: 18

ROOTED IN WYOMING

LISE FOY

rootedinwyoming@gmail.com | 307.752.5712

P.O. Box 382 | 72 East Ridge Rd., Ste. J | Sheridan, WY 82801

Rooted in Wyoming partners with community organizations and schools to facilitate outreach programs and cultivate educational gardens.

GARDEN MAINTENANCE HELPERS (Environmental, Mentoring, Youth):

Help maintain our beautiful school gardens with planting, pulling weeds, construction and much MORE!

Occurrence: Weekly

Minimum Age: 18

SAGE COMMUNITY ARTS

KENDRA HEIMBUCK

director@sageart.org | 307.674.1970

21 W. Brundage Street | Sheridan, WY 82801

Building and inspiring community through the visual arts.

GALLERY RECEPTIONIST (Administration/Organizational Support, Art/Culture, Customer Service): Volunteer for either a morning or afternoon shift weekly or every-other-week. Answer the phone, greet, and assist customers, process sales using the point of sale system.

Occurrence: Weekly

Minimum Age: 18

EVENT VOLUNTEER (Art/Culture, Special Event Support, Administrative/Organizational Support): Volunteer to help plan, set up and take down events such as: Exhibition receptions or summertime Art Alley evenings.

Occurrence: Monthly

Minimum Age: 18

GALLERY CUSTODIAN (Administration/Organizational Support):

Volunteer to clean SAGE's gallery spaces on a monthly basis. Tasks include sweeping and mopping floors, dusting and rearranging Member Gallery artwork, patching and painting walls.

Occurrence: Monthly

Minimum Age: 16

THE SALVATION ARMY — SHERIDAN

BILL MCDONALD

Bill.McDonald@usw.salvationarmy.org | 307.683.0551

150 S. Tschirgi St. | Sheridan, WY 82801

Meeting basic needs without discrimination.

THRIFT STORE VOLUNTEER (Administration/Organizational Support):

Need volunteers to help sort donations, put merchandise out for customers, organization, etc.

Occurrence: Flexible

Minimum Age: 18

FOOD BANK HELPER (Administration/Organizational Support, Food Prep/Delivery):

Need individuals to help put food boxes together, organize food donations, etc.

Occurrence: Flexible (M, W, F)

Minimum Age: 18

COVID-19 RESPONSE EFFORT

DONATION ITEMS REQUEST: Items needed: Lysol, food donations, bleach, empty boxes in which to distribute food (like the size of filling boxes or moving boxes you'd use for books).

FINANCIAL DONATIONS: Financial donations in support of the COVID-19 response. Please send to: 150 S. Tschirgi, Sheridan, WY 82801

SECOND CHANCE SHERIDAN CAT RESCUE

ELAINE KRISTIANSEN

307.461.9555 | secondchance@sheridancatrescue.org

P.O. Box 7254 | 945 Werco Ave. | Sheridan, WY 82801

We rescue and rehabilitate special-needs cats, provide free and low-cost spay/neuter services to the local community, and assist people who need help keeping their pets during difficult life situations.

CAT CARE SPECIALIST (Animal Science, General): Help us care for homeless cats! Training provided to make you a cat care expert!

Occurrence: Weekly

Minimum Age: 16

Minimum Age w/Adult: 12

BOARD MEMBER (Board/Committee Members): Join the board of directors of a fast-growing animal welfare nonprofit!

Occurrence: Monthly

Minimum Age: 18

FOSTER COORDINATOR (Administration/Organizational Support):

Help save the lives of cats by coordinating foster homes and veterinary appointments!

Occurrence: Weekly

Minimum Age: 18

(Continued to next column)

SERVEWYOMING

WENDY LUCK

wendy@servewyoming.org | 307.234.3428
 330 S. Center St., Ste. 317 | P.O. Box 1271 | Casper, WY 82602

Improving lives and strengthening Wyoming communities through volunteerism.



SEEKING VOLUNTEERS OF ALL ABILITIES (All Categories): 100's of volunteer opportunities featured on our FREE statewide online volunteer center. Find opportunities to suit your needs. Go to servewyoming.org and click on "VOLUNTEER" or visit volunteerwyoming.org.

Occurrence: Weekly
Minimum Age: 14
Minimum Age w/Adult: 4

WANTED: DISASTER RESPONSE VOLUNTEERS (Emergency, General): Pre-register as a disaster response volunteer in your area so you're prepared to help your community in the event of a disaster/emergency. Visit our website or call to sign up.

Occurrence: Monthly
Minimum Age: 15

PROFESSIONAL VOLUNTEER NETWORK: PRO BONO VOLUNTEERS NEEDED (Administration/Organizational Support, Communications/Marketing, Education, General): Highly-skilled professionals needed to consult nonprofits on specific, short-term projects throughout the county and/or state.

Occurrence: Monthly
Minimum Age: 18

COVID-19 RESPONSE EFFORT

COVID-19 INITIATIVE (All Categories): Looking for ways you can help during the COVID-19 pandemic? A list of volunteer and donation needs is featured on the ServeWyoming COVID-19 Initiative. Go to servewyoming.org and click on "VOLUNTEER" or visit volunteerwyoming.org.

SHERIDAN COMMUNITY LAND TRUST

CHRIS VRBA

chris@sheridanclt.org | 307.673.4702
 306 N. Main St., 2nd Floor | Sheridan, WY 82801

Sheridan Community Land Trust works to preserve our heritage of open spaces, healthy rivers, and creeks, working ranches, wildlife habitat, and vibrant history, while expanding recreation opportunities to connect people with the places they love.

TRAIL MAINTENANCE (Environmental, Recreational Activities):

Searching for individuals and groups to help us maintain and improve trails systems for outdoor recreational use.

Occurrence: Flexible

TRAIL AMBASSADOR (Advocacy, Recreational Activities, Environmental): We are looking for individuals to join our ambassador program to actively represent and build the culture of trail use, as well as act as eyes and ears on the ground to spot potential maintenance projects.

Occurrence: Flexible

DISCOVERY SESSION GUIDES (Education, Recreational Activities, Environmental): Are you a local expert in history, nature, outdoor recreation, or other ways? We would love to have you share your passion with the community!

Occurrence: Flexible

SHERIDAN COUNTY 4-H

EMILY SWINLYER

eswinlyer@uwyo.edu | 307.674.2980
 3401 Coffeen Ave. | Sheridan, WY 82801

4-H is a positive youth development organization with numerous opportunities to help youth excel!

SHERIDAN COUNTY 4-H LEADER (Animal Science, Art/Culture, Youth): Mentor, educate, and form relationships with youth to encourage leadership and skill building through a variety of unique and specialized projects.

Occurrence: Flexible
Minimum Age: 18

SHERIDAN COUNTY CHAMBER OF COMMERCE

JODI HARTLEY

info@sheridanwyomingchamber.org | 307.672.2485
 24 S. Main St. | Sheridan, WY 82801

The Sheridan County Chamber of Commerce is a catalyst for business prosperity and a champion for a stronger community.

VISITOR ASSISTANT (Customer Service): Assist in-person and telephone visitors to the Chamber office obtain information and materials as requested.

Occurrence: Flexible
Minimum Age: 16

FULFILLMENT ASSISTANT (General): Assist with assembling convention bags and relocation packets as needed.

Occurrence: Flexible
Minimum Age: 16

SHERIDAN COUNTY COMMUNITY EMERGENCY RESPONSE TEAM (CERT)

TAMARA TARVER

prairiedoll@hotmail.com | 307.750.2230
 212 E. Works St. | Sheridan, WY 82801

The Sheridan County Community Emergency Response Team's mission is to promote, organize, administer and train a volunteer group to assist professional responders during disaster recovery efforts and to educate our families, friends and neighbors in the necessary skills to meet their immediate needs during and immediately after a disaster.

C.E.R.T. TEAM MEMBERS (General): Seeking new members to join our community emergency response team! Following an application process and background check, training is provided!

Occurrence: Monthly
Minimum Age: 18



SHERIDAN COUNTY SUICIDE PREVENTION COALITION

ANN PERKINS

aperkins@sheridancounty.com | 307.675.2494
23 N. Scott St., Ste. 20 | Sheridan, WY 82801

To mobilize every Sheridan County resident and provide them with the tools to work together to prevent suicide and the devastation it causes.

SHERIDAN OUT OF THE DARKNESS WALK VOLUNTEER (Recreational Activities, Special Event Support): Help with promotion plus day-of-event setup, walker support, and cleanup. For more info, visit sheridansuicideprevention.com.

Occurrence: Annually

Minimum Age: 14

Minimum Age w/Adult: 10

OUTREACH VOLUNTEER (Communications/Marketing): Help with outreach/PR to spread the Coalition's message. We're always looking for individuals from all sectors and backgrounds to expand our capacity.

Occurrence: Monthly

Minimum Age: 18

SHERIDAN COUNTY YMCA

SANDY SARE

ssare@sheridanymca.org | 307.674.7488
417 N. Jefferson St. | Sheridan, WY 82801



To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

YOUTH SPORTS (Recreational Activities, Youth): Coach/assist coach youth sports programs.

Occurrence: Flexible

Minimum Age: 17

FOLDING AND TAPING SPECIALIST (Administration/Organizational Support): Assist with snail mailings.

Occurrence: Flexible

Minimum Age: 18

SHERIDAN FOOD FOREST

CAROL LERESCHE

307.751.4011 | Find us on Facebook!
607 S. Jefferson St. | Sheridan, WY 82801

Plant public food in public places.

FOOD LANDSCAPE DEVELOPMENT/MAINTENANCE (Environmental, General): Plant, water, weed, and design garden areas for perennial food for the public.

Occurrence: Flexible

Minimum Age: 12

Minimum Age w/Adult: Any

SECOND SATURDAY PROJECT VOLUNTEER (Environmental, General):

The second Saturday of each month, volunteer to help with various projects throughout the growing season.

Occurrence: Seasonal

Minimum Age: 12

Minimum Age w/Adult: Any

SHERIDAN HEALTH CENTER

WENDY ONGARO

clinic@actaccess.net | 307.674.6995

P.O. Box 682 | 31 E. Whitney St. | Sheridan, WY 82801

To provide primary medical care to the uninsured Sheridan County adult whose household income makes it difficult to receive medical care.

BOARD MEMBER (Board/Committee Members): Serve on the volunteer board of directors to provide governance. Term is three years.

Occurrence: Monthly

Minimum Age: 18

COVID-19 RESPONSE EFFORT

EMERGENCY FUNDS DONATIONS: Donations are appreciated for the emergency funds which are used primarily to ensure people are housed and/or have gas for their vehicles. This is not only needed for locals suffering job loss but for people coming from outside our state to care for family, etc.

Checks or gas cards can be sent to: P.O. Box 682, Sheridan, WY 82801. Please make out checks to Community Connections.

N95 MASKS DONATIONS: N95 Masks are needed to help protect our staff, clients, and volunteers during this response. Mask donations can be sent to: 31 E. Whitney St., Sheridan, WY 82801.

SHERIDAN HIGH SCHOOL INTERACT CLUB

SANDY THIEL

sandy@wyobbbs.org | 307.274.7095
1056 Long Dr. | Sheridan, WY 82801

To provide service and promote leadership through the development of the students within the community.

HIGH SCHOOL STUDENT VOLUNTEERS (Childcare, Civic Participation, Construction/Home and Lawn Maintenance, Food Prep/Delivery, Special Event Support): High school students will provide various volunteering in the Sheridan community.

Occurrence: Annually

Minimum Age: 14-18

SHERIDAN JAYCEES,

THE UNITED STATES JUNIOR CHAMBER

JENNY EPPERSON

sheridanjaycees@gmail.com | 307.461.0387
P.O. Box 242 | Sheridan, WY 82801

To provide development opportunities that empower young people to create positive change.

READY TO SERVE WITH IMPACT (Customer Service, Mentoring, Youth):

Looking for young citizens age 18 - 40 who want to impact the Sheridan community through volunteering their time, being a mentor to others and developing their own individual and professional character.

Occurrence: Monthly

Minimum Age: 18

Minimum Age w/Adult: 10

CHRISTMAS SHOPPING TOUR VOLUNTEER (Youth): Help make a young child's Christmas wish come true spending a day of shopping, breakfast with Santa, gifts, and a movie. Join over 30 other children and up to 15 other volunteers on this rewarding day of fun with kids.

Occurrence: Annually (December)

Minimum Age: 18

SHERIDAN MEMORIAL HOSPITAL

JASMINE SLATER
 jasmineslater@sheridanhospital.org | 307.675.2620
 1401 W. 5th St. | Sheridan, WY 82801

To serve our community with excellent patient-centered care.

HOSPITAL VOLUNTEER (Civic Participation, Health/Personal Care, Special Event Support): Looking for passionate volunteers to share their time at Sheridan Memorial Hospital. Help in our gift shop, surgical waiting room, hospice, department projects, foundation special events, and more!

Occurrence: Flexible
Minimum Age: 12

COVID-19 RESPONSE EFFORT

HOMEMADE SURGICAL MASK MAKERS: https://www.sheridanhospital.org/wp-content/uploads/2020/03/3.26.2020_Community-request_PPE-1.pdf. Use the link for a description of how to make and donate homemade surgical masks.

THERMOMETER DONATIONS: Thermometers can be dropped off at the Sheridan Memorial Hospital downtown location, 61 S. Gould St., Sheridan, WY 82801 — on the WORK STREET side of the building (Community Conference Room Door), Monday-Friday 9 a.m.-12 p.m. A phone number will be listed on signs and Conference Room doors to reach SMH staff. Call that number, and, once contacted, SMH staff will come out to your car for pick-up.

FOUNDATION FINANCIAL DONATIONS: Financial donations to the Foundation which will use the money to purchase Personal Protective Equipment for staff, purchase respiratory equipment, and supplement the GAP Fund which assists patients who need financial assistance to obtain the most crucial and immediate needs such as medications, transportation, home oxygen, and clothing. Donations can be made online at: <https://www.sheridanhospital.org/foundation/make-a-donation>.

PPE DONATION REQUEST: Donations can be coordinated through purchasing@sheridanhospital.org.

NEEDED PPE: N95 masks, gowns, nitrile gloves, Tyvek coveralls, goggles or other eye protection.

EMERGENCY HEALTHCARE VOLUNTEERS: Sheridan Memorial Hospital is seeking emergency healthcare volunteers to help with the COVID-19 response. We are expecting a patient surge in the next 3 weeks and are assembling a pool of volunteers to join our team.

LOOKING FOR HEALTHCARE PROFESSIONALS INCLUDING: (Active, student, or inactive/retired) Physicians, Advanced Practice Clinicians (Physician Assistants and Nurse Practitioners), Respiratory Therapists, RNs, LPNs, CNAs, Paramedics, EMTs, Mental Health Professionals, Social Workers, Therapists, Medical Technicians, Health Aides, Medical Office Workers.



SHERIDAN MEMORIAL HOSPITAL HOME HEALTHCARE AND HOSPICE OF THE BIG HORNS

CINDY BAKER
 cindybaker@sheridanhospital.org | 307.672.1083
 1401 W. 5th St. | Sheridan, WY 82801

When treatment goals change from cure to relief of symptoms, hospice offers physical, spiritual, and emotional care to patients and their families. Neither hastening nor postponing death, hospice enhances the quality of life that remains.

HOSPICE VOLUNTEERS (Health/Personal Care): Seeking volunteers to work with hospice patients in various aspects. Specialized training provided.

Occurrence: Flexible
Minimum Age: 18

SHERIDAN RECREATION DISTRICT

SETH ULVESTAD
 seth.ulvestad@sheridanrecreation.com | 307.674.6421
 P.O. Box 6308 | 1579 Thorne- Rider Park | Sheridan, WY 82801

It starts in parks.

SCORE KEEPERS (General, Recreational Activities, Youth): Running the clock at football and basketball games. Keep score at baseball games.

Occurrence: Weekly
Minimum Age: 17

YOUTH COACHES (General, Recreational Activities, Youth): Help coach youth sports 2-3 times a week.

Occurrence: Weekly
Minimum Age: 18

SHERIDAN VA HEALTHCARE SYSTEM VOLUNTEER PROGRAM

TERRY S. PARSLEY
 terry.parsley@va.gov | 307.675.3226
 1898 Fort Rd. (122C) | Sheridan, WY 82801

To provide a structured volunteer program in cooperation with community resources to serve Veterans and their families with dignity and compassion.

PHARMACY SHIPPING VOLUNTEER (Administration/Organizational Support): To work with the VA's most dynamic pharmacy team to help with shipments to Veterans.

Occurrence: Weekly
Minimum Age: 18

RECREATION ACTIVITY VOLUNTEER (Recreational Activities): To work with our local recreation staff with activities across the facility for veterans.

Occurrence: Weekly
Minimum Age: 18
Minimum Age w/Adult: 13

DAV TRANSPORTATION PROGRAM VOLUNTEER DRIVER

(Transportation/Automotive/Mechanical): To provide safe vehicle transportation services for veterans seeking benefits at VA's and Community facilities.

Occurrence: Weekly
Minimum Age: 21

(Continued to next page)

COVID-19 RESPONSE EFFORT

DONATION ITEMS: Entertainment Items Needed: Crossword books, brain teasers books, sudoku books, word search books, model kits (military, cars, trucks, planes), adult coloring books, DVDs (nonviolent, no military combat movies). All donations can be dropped off at the facility entrance screening station. Please complete a donation form.

TONGUE RIVER VALLEY COMMUNITY CENTER

ERIN KILBRIDE

Trvcc9191@gmail.com | 307.655.9419

P.O. Box 792 | Ranchester, WY 82839

1100 Main St. | Dayton, WY 82836

Tongue River Valley Community Center will enrich life in our communities by providing educational, social, recreational, and cultural opportunities that cultivate positive values, and good character.

SENIOR CITIZENS COMPANION (General): Be a companion to elderly, including home visits, light housework, grocery shopping, etc.

Occurrence: Weekly

Minimum Age: 21

Minimum Age w/Adult: 12

AFTER SCHOOL PROGRAM VOLUNTEER (Education, Youth): Help children in after school programs with reading, math, and other activities.

Occurrence: Weekly

Minimum Age: 18

Minimum Age w/Adult: 12

SUMMER PROGRAM VOLUNTEER (Education, Youth):

Looking for volunteers to help children during our summer program to help with educational and outdoor camp activities.

Occurrence: Weekly

Minimum Age: 16



TRAIL END STATE HISTORIC SITE

SHARIE SHADA

sharie.shada@wyo.gov | 307.674.4589

400 Clarendon Ave. | Sheridan, WY 82801

To interpret the architecturally significant historic house and related properties in context with regional and social history of the late nineteenth and early twentieth centuries.

GARDENER'S ASSISTANT (Construction/Home and Lawn Maintenance): Light gardening, including planting flowers, trimming roses, "dead heading" and seeding.

Occurrence: Weekly

Minimum Age: 18

Minimum Age w/Adult: 12

UPRISING

TERRI MARKHAM

info@uprisingwyo.org | 307.655.7511

2638 Aviation Dr. | Sheridan, WY 82801

To confront sex trafficking through awareness, education and outreach.

WORLD CHANGERS NEEDED (Advocacy, Donation Management, General): Fight human trafficking and change lives with us. Let's find out what unique talents or resources you have that could help!

Occurrence: Flexible

Minimum Age: 18

VOLUNTEERS OF AMERICA NORTHERN ROCKIES

ALLISON HUNN

ahunn@voanr.org | 307.672.0475

P.O. Box 6291 | Sheridan, WY 82801

To compassionately serve and strengthen individuals by empowering them to build healthy and happy lives.

COVID-19 RESPONSE EFFORT

MONETARY DONATIONS REQUEST: With your contribution, you can help meet the overwhelming needs in your community. Join us by giving a significant gift today.

Call us at 307-672-0475, or give through our secure website:

<http://VOANR.org/corona>.

CANNED FOOD DONATIONS: Helping to keep our community fed, we are seeking canned food donations like soups and chilis. Call us at 307-672-0475 or visit our website at: <https://VOANR.org/corona> for drop off locations and instructions.

THE WYOMING CHAPTER OF THE AMERICAN FOUNDATION FOR SUICIDE PREVENTION

wyoming@afsp.org | 307.752.6989

224 N. Main St. | Buffalo, WY 82834

Save lives and bring hope to those affected by suicide.

SHERIDAN COUNTY OUT OF THE DARKNESS WALK VOLUNTEER

(Advocacy, Health/Personal Care, Special Event Support): Help with event planning, setup, and cleanup and a variety of other tasks.

Occurrence: Annually

Minimum Age: 18

Minimum Age w/Adult: 10

WYOMING SENIOR CITIZENS, INC.

HERBERT WILCOX

execdir@wyoming.com | 877.634.1006

951 Werner Ct., Ste. 295 | Casper, WY 82601



A private, nonprofit organization whose purpose is to meet the needs of Wyoming's older residents and help them maintain their independence.

SENIOR COMPANIONS (Advocacy, Family Services, Health/Personal Care):

Provide free in-home independent living assistance to frail, elderly or disabled adults 21+.

Occurrence: Weekly

Minimum Age: 55

WYOMING STATE HEALTH INSURANCE

INFORMATION/SENIOR MEDICARE PATROL PROGRAMS (Advocacy,

Counseling Information Support, Health/Personal Care): Provide free one-on-one counseling services to decipher Medicare, Medicaid, Medigap coverage, drug plans and educate beneficiaries on potential fraud.

Occurrence: Weekly

Minimum Age: 18



THE WYO THEATER, INC.

PAM OVERTON
 poverton@wyotheater.com | 307.672.9083
 P.O. Box 528 | 42 N. Main St. | Sheridan, WY 82801

To Inspire, Educate & Entertain.

USHER (Art/Culture, Customer Service, Special Event Support): Help patrons find their seat for a performance and assist patrons with other questions/needs as they arise.

Occurrence: Flexible
Minimum Age: 18
Minimum Age w/Adult: 12

CONCESSIONS ATTENDANT (Art/Culture, Customer Service, Special Event Support): Serve/sell concessions, including beer, wine, water, soda and snacks before, during and after a performance or event. (Must have TIPS training.)

Occurrence: Weekly
Minimum Age: 21

CREW (Art/Culture, Special Event Support): Assist with the running and/or technical elements of a production including load in, load out, and backstage crew.

Occurrence: Weekly
Minimum Age: 16
Minimum Age w/Adult: 12



WYOMING WILDERNESS ASSOCIATION

KHALE CENTURY RENO
 kcreno@wildwyo.org | 307.200.1132
 P.O. Box 6588 | 44 S. Main St. | Sheridan, WY 82801

To protect Wyoming public lands.

WYOMING WILDERNESS ASSOCIATION STEWARDSHIP (Advocacy, Education, Environmental): WWA volunteers will assist with trail maintenance, fence removal, trail surveys, and wilderness stewardship projects.

Occurrence: Monthly
Minimum Age: 12
Minimum Age w/Adult: 8





IMPROVING LIVES THROUGH SERVICE

PARKER WALTON Big Brothers Big Sisters of Northwest Wyoming

Parker Walton serves as a mentor for Big Brothers Big Sisters of Northwest Wyoming as an AmeriCorps member mentoring youth in Fremont County. During this unfortunate pandemic he has had a couple of great opportunities to help in the community.

Since the day of service was cancelled in March, he was able to get out and continue serving the community cleaning up trash around the football field of the local High School. He has also been able to help support the local School District by mentoring High School aged youth every day, as education was delivered virtually. He also found a way to catch up with his "little" and send him a care package to keep him in good spirits.



ASHLEY BARKLEY VGF Student Service Learner at Wyoming Rescue Mission

Ashley is currently a first semester Casper College nursing student. Her passion for service started when she was

young and volunteered with her mother in various capacities including March of Dimes, Habitat for Humanity, canned food drives, and Bowl for Jason's Friends Foundation. As an adult, she has continued her volunteer efforts and held board positions for a local non-profit.

She was excited to learn about the VGF program and the opportunity to again be of service to her community through work with the Wyoming Rescue Mission. There she was able to serve homeless members of our community during the COVID-19 pandemic as a symptom checker. This opportunity provided her with insight regarding her future career as a nurse and one of our community's at-risk populations. This experience solidified her belief that we all need to do what we can to support our fellow community members during this difficult time and reinforced that a strong sense of community is important on our hardest days.



MEGAN MILLER VGF Student Service Learner at Never Forgotten 77

Megan considers herself fortunate to be matched for her Volunteer Generation Fund (VGF) Service Learning Project

(SLP) with a local suicide awareness/support group, Never Forgotten 77. In her lifetime, she had little exposure to suicide and the dark affect it has on friends and family. It was a pleasure to help this organization expand their social media marketing to reach those who need their services, learn more about their background on what drives their passion for this project, and how this nonprofit group benefits the citizens of Casper.

This VGF SLP helped direct people when/if the need arises to get the assistance, they need to keep living their life, to see the light at the end of a dark tunnel. Megan sees the importance in giving back to the community that has helped her grow so much in the last decade as well as showing her children the importance of supporting community members in need. "We're Wyoming strong and proud!"



BRANDI MAXON AmeriCorps Member at Big Brothers Big Sisters of Northwest Wyoming

Big Brothers Big Sisters of Northwest Wyoming had a business donate some awesome art kits to us and AmeriCorps member, Brandi Maxon, delivered this little gift to our Littles as an activity to do with their families.

It has been so fun to see the creativity of AmeriCorps members as we all adjust to COVID-19 and look for ways we can serve youth in our communities and make a BIG impact.



Where can you go to learn all the different ways to be **ACTIVE IN THE COMMUNITY?**



VOLUNTEER WYOMING!

This easy-to-use web-based platform, brought to you by Serve Wyoming, matches the right donors, advocates, and volunteers with the right opportunities in your neighborhood, all for **FREE!**

VOLUNTEERS:

- ▶ Click on "VOLUNTEER NOW."
- ▶ Fill out the volunteer profile.
- ▶ Search for volunteer needs and events based on interests, zip code or agency.
- ▶ "Become a Fan" of your favorite organizations and you'll be the first to know about their latest opportunities.

ORGANIZATIONS:

- ▶ Click on "Click Here to Register Your Organization" below VOLUNTEER NOW.
- ▶ Fill out your agency profile, including pictures and videos.
- ▶ Post all of your volunteer needs and events!
- ▶ Receive email notice when someone wants to volunteer and track their hours.

To get started today, go to **servewyoming.org** and click "VOLUNTEER"

VOLUNTEER GUIDE 2020

Your resource guide for volunteer opportunities in Sheridan County.

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